

# Informative websites:

## What Can You Do?

- ⇒ Learn the skills to navigate the web
- ⇒ Know what your children do on-line
- ⇒ Support the school and sign the Acceptable Use Policy
- ⇒ Encourage them to use the web as an extension of their hobbies and “real” life
- ⇒ Use the tools on the computer and choose your internet service provider for their parental controls
- ⇒ Put the computer in a family room where it will be easier to monitor

## Remember the SMART Rules:



**Secret:** Never give out personal information online



**Meeting:** Never agree to meet someone you have only met on-line



**Accepting:** Never accept e-mails or open files from people you do not know



**Reliable:** Not all information on the Internet is reliable and people may not be who they say they are.



**Tell:** Always tell a parent or trusted adult if someone or something makes you feel uncomfortable.



<http://www.media-awareness.ca/english>



<http://www.parentscentre.gov.uk/>



<http://www.kidsmart.org.uk>



**Internet Safety - Web Awareness**

[http://www.yrl.ab.ca/internet\\_linksInternetSafety](http://www.yrl.ab.ca/internet_linksInternetSafety)



**Get Safe Online**

<http://www.getsafeonline.org/>



<http://virtualglobaltaskforce.com/>

**HOW TO KEEP SAFE WHILE CHATTING ONLINE**

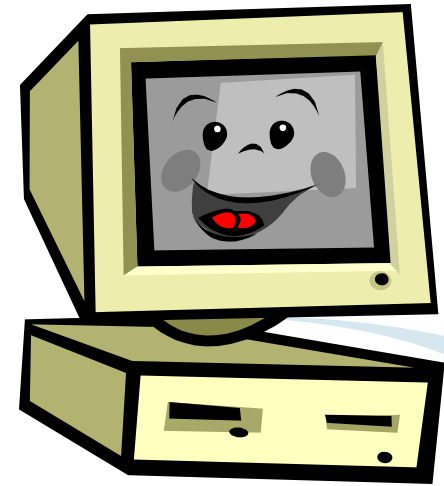
**Welcome to CHATDANGER** - a site all about the potential dangers on interactive services online like chat, IM, online games, email and on mobiles. Click on the icons below to read TRUE STORIES and find out how to chat SAFELY...



<http://chatdanger.com/>



## Keeping Your Child Safe on the Internet



Internet Safety Information For Parents



## Get To Know How Your Children Use The Web



- ◆ Take an active interest in their online activities
- ◆ Ask them to show you what they do and who they talk to when they are on-line

### Addictions

Watch out for the signs:



- ◆ Compulsive use with no interruptions
- ◆ Secretive use



<http://www.kidshelpphone.ca/en/>

## Filtering & Blocking

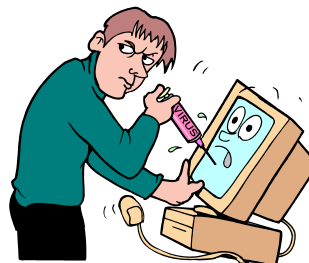


This will never replace parental supervision and will not be 100% effective. Make sure it is appropriate for the age of the children in your family.

### What to look for:

- ◆ You need to get filtering that automatically updates its “bad sites” lists on-line
- ◆ It should filter file sharing programs (Peer-to-Peer Programs)
- ◆ It should have the ability to limit on-line use by the user
- ◆ Technology moves on—update your filtering at least yearly

It is important to protect your computer against viruses and spyware. Anti-virus software should be installed as well as a fire-wall.



## What are the risks?

**CONTACT** Potential contact from someone online who may wish to harm them. Children must be reminded that people they meet on-line are strangers. They should not give out personal details or agree to meet unsupervised with anyone they have contacted via the internet.

**CONTENT** Inappropriate material is available to children on-line. Use filtering software and agree on ground rules regarding services and sites they should access. Provide them with strategies for dealing with any content they are not comfortable with—such as turning off the computer screen or exiting the program.

**COMMERCIALISM** Young people’s privacy can be invaded by aggressive on-line and pop-up advertising. Encourage your children to keep their personal information private, to delete all pop-ups and spam e-mails. They should also use a family e-mail address when filling in on-line forms.

## Downloading, Peer-2-Peer and File-Sharing



### What is P2P?

A file-sharing network enables people to exchange photos, videos, music, software and games directly between computers by downloading P2P software.

### What are the risks?

It is illegal to download copyrighted material on-line. Peer to Peer sharing puts your computer at risk from spyware, viruses and other invasive programs. Pop-up advertising can also begin to flood in unless you install pop-up blockers.