

The online world is a fun place of  
Learning, Discovery & Communication.

It is most important to take steps to  
protect and educate your family  
against the risks of being online.

Find out more information  
at [www.aliant.net](http://www.aliant.net)



here.  
for you.™

**A Safe Online Experience**  
How to protect yourself and your family



here. for you.™



## Get Involved

- Keep the computer in a family area to better monitor your child's activity
- Establish an atmosphere of trust & understanding with your child by not blaming him or her for uncomfortable online experiences
- Teach your child to end any online experience when he or she feels uncomfortable or scared by pressing the back key, closing the program, logging off or ending the game and telling a trusted adult as soon as possible

## Educate Your Family on Online Security

- Privacy
- Offensive Content (i.e. violence, pornography, hate, spam)
- Online Ethics
- Viruses, spyware & hackers

## Protecting Personal Information

- Be careful when sharing personal information online such as in chat rooms, email, Instant Messaging, online games or file sharing programs
- Kids should not fill out forms on Web sites, contests, surveys or installed software without adult permission
- Personal Information includes
  - Passwords
  - Pictures of themselves
  - Addresses & phone numbers of friends or family
  - Credit or calling card numbers
  - Where they live or go to school

**Tell kids to never meet someone they meet online without parental supervision**

## Security Violations Can Occur

- During Online Communications - email, chat rooms, forums, instant messaging, newsgroups, during online game play & when using file sharing programs
- On Web Sites - Where your child surfs
- File sharing, Downloads & Installs - Seeing offensive content, stealing music, games & software or even damaging the PC with malicious software.

## When Downloading & Installing Software

- Instruct your kids to be careful or to not download programs from unknown sources as the software may be different than what they thought it was or contain unexpected content

## Important Online Rules

- DON'T copy or steal copyrighted materials like music, movies, games & software
- DON'T pretend to be someone else trying to get them in trouble
- DON'T provide someone else's personal information to anyone
- DON'T copy material that you find online & pretend that it's your own work.
- DON'T engage in "online fights" that can spill over into the real world

## Use Software to Protect Your Family

**Content Filtering & Blocking** - limits access to some sites, words & images

**Outgoing Content Blockers** - prevents kids from revealing personal information

**Kid Safe Search Engines** - perform limited searches or screen search results

**Monitoring Software** - helps you to track what your kids are doing online

**Popup Blockers** - prevents intrusive pop-ups

## Aliant's Security Services

**Parental Control** - Help protect your family against inappropriate materials online; monitor surfing habits and control Internet usage

**Anti-Virus** - Help protect against the dangers of viruses

**Anti-Spyware** - Peace of mind for your privacy and your computer

**Personal Firewall** - Help protect against hackers



## Learn More on the Web

[www.aliant.net](http://www.aliant.net)  
[www.getnetwise.org](http://www.getnetwise.org)  
[www.safeteens.com](http://www.safeteens.com)  
[www.safekids.com](http://www.safekids.com)